**Public Health England (PHE) call for evidence of ‘Promising Practice in Physical Activity’**

PHE, the ukactive Research Institute and the National Centre for Sport and Exercise Medicine (NCSEM) in Sheffield are undertaking a national process to identify projects and programmes that demonstrate good or promising practice in increasing levels of physical activity in local communities. Looking beyond traditional sports, the review will take into account **any** kind of programme that gets people active. This can include rehabilitation from injury, weight loss, falls prevention, dance, walking, cycling, pain management and many more.

Programmes and projects deemed ‘good’ or ‘promising’ will be considered for inclusion in **PHE’s National Physical Activity Framework to be published in late-October** and will also feed into the **cross-Governmental Moving More Living More work to deliver a physical activity legacy of the 2012 Olympic Games.**

Why should I get involved?

Physical activity and exercise are at the core of physiotherapy practice. The profession's scope of practice is defined by the royal charter which sets out the four pillars of physiotherapy practice, including ‘exercise and movement’. Physiotherapists are in the unique position to have the expertise, knowledge and experience of working safely and effectively with patients with multiple co-morbidities to increase physical activity levels. This can be during rehabilitation, to assist with weight loss, social cohesion, supporting the physically inactive and those with medical conditions to get more active. It is vital that physiotherapists share their knowledge and input to this programme.

Participating organisations/services also have the opportunity to display their service/programme in front of leading government health officials, physical activity programme influencers and leading consumer brands at the ukactive Summit, the sector’s political showpiece event of the year.

How do I get involved?

The CSP encourage you to submit information regarding your programme, whether it is delivered on a large or small scale. If you are interested, but would like to view the survey questions first, they can be found here: <http://researchinstitute.ukactive.com/downloads/managed/Promising_Practice_Full_Survey.pdf>. They look at a range of elements, including referral type, aims/objectives, length, cost, duration, drop-out rate, outcome measures, inclusion criteria and setting.

The call is asking you to **submit your details through the simple online questionnaire** (survey monkey) that can be found on the ukactive Research Institute website: <http://researchinstitute.ukactive.com/home>. **The national review will be formally closed at 5pm on Friday 18th July.** If you have any questions or would like further information, please contact the CSP Public Health team at [ph@csp.org.uk](mailto:ph@csp.org.uk).