



*proudly presents*

## Introductory course in Conversations Inviting Change (CIC)

A narrative-based approach to encounters in health and social care that can enrich all professional work.

### **This course is suited to participants who are:**

1. A qualified clinician currently working with a clinical caseload in any clinical area or in a management role (you don't have to be a physio to apply)
2. Able to commit to participate to attend all course sessions

**We are excited to be collaborating with CIC and are offering 2 courses, please make sure you specify which one you are interested in.**

**Course 1: dates/times: 2 x Fri morning: 9am-12am Sept 3<sup>rd</sup> & 10<sup>th</sup> 2021**

**Course 2: dates/times: 3 x Wed Eve: 6pm – 8pm October 6<sup>th</sup>, 13<sup>th</sup> & 20<sup>th</sup> 2021**

**Cost: £150 PPA members £175 non PPA members**

**More info and booking:** Visit PPA website

Morning course (Fridays) <https://buytickets.at/physiotherapypainassociationppa/541999>

Evening Course (Wed) <https://buytickets.at/physiotherapypainassociationppa/542008>

## What is CIC

It is based on the simple idea that everyone, whether as a patient, client, learner or colleague, can benefit from having opportunities to reflect on their professional experiences and being skilfully questioned about these.

CIC can be applied to a variety of situations;

- person centred consultations with individuals and families
- supervision, coaching and mentoring
- conflict resolution
- training in reflective practice and professionalism, active learning sets and collaborative learning groups
- Leadership and management

This course will be experiential with plenty of facilitated small groups sessions to enable participants to practise CIC and enhance their interactional skills using “real-play” case studies and clinical scenarios brought by participants

The course tutors are CIC accredited trainers with considerable experience in delivering CIC courses. We have previously delivered face-to-face and online CIC courses for the PPA. You can find out more at <https://www.conversationsinvitingchange.com>

The PPA are passionate about developing support in this important area of practice and skills development and to support therapists to become more confident in applying these skills clinically. In collaboration with John Launer and the CIC team we are really pleased to offer this exciting introductory CIC course.

If you've attended the monthly PPA peer reflecting group session you will be familiar with the CIC reflective team model used. This course will provide a chance to both learn and practice to help you to become confident and embed these skills into daily practice.

Courses are either 2 daytime sessions (Friday morning) or 3 evening sessions (Wed) via Zoom. Participants will complete pre and post training surveys to help the PPA to improve and develop future support and training.

Join the PPA to avail of discounted rate (membership costs just £20 per year! ([More details here](#)))