



The Physiotherapy
Pain Association

The PPA proudly presents:

Psychologically Informed Practice (PIP) skills training

8 week interactive online training programme

With:

Professor Frank Keefe & Diarmuid Denny

To be eligible for this training participants must:

1. be qualified physiotherapists who are PPA members
2. currently work clinically with a caseload that includes people with chronic pain
3. have attended at least one post graduate CPD training course related to pain and/or pain management
4. Be able to commit to participate in at least six of the eight training sessions

Course times: 8 Tuesday evenings for 1 hour (7.30pm-8.30pm)

- Oct 8,15,22, Nov 5,12,19,26, Dec 3,10,17

Cost: £140

To book: Visit PPA website (<https://ppa.csp.org.uk/events>)

PPA membership costs just £20 per year! [More details here](#)

For informal enquiries contact: diarmuid.denny@nhs.net

About PIP skills training programme:

Training in psychologically informed practice (PIP) approaches and inter-professional working in chronic pain may extend the skills of physiotherapists to improve physical functioning among a group of patients for whom traditional medicine has little to offer.

Guidelines recommend that physiotherapists have additional training, mentorship and ongoing professional support them to develop PIP skills. This will enable them to elicit and address more complex issues in patients who often have additional psycho-social barriers to recovery.

A range of short-form PIP training programmes have been developed, often consisting of 2 day training packages. Currently there is a lack of longer term follow up to support physiotherapists in these skills, understand changes in clinical practice and usefulness of the training undertaken.

The PPA are passionate about developing support in this important area of practice skills development. This novel online training programme is based on training developed by Prof. Keefe (2018). We will work experientially using online conference sessions. There will be ability to work in small groups, using case studies and clinical scenarios brought by participants.

Participants will complete pre and post training surveys to help the PPA to improve and develop future support and training.

About Prof Frank Keefe & Diarmuid Denny

Dr. Keefe is a psychologist and Professor in the Department of Psychiatry and Behavioral Sciences at Duke University Medical Center. He is Director of the Duke Pain Prevention and Treatment Research Program and has published over 370 papers, as well as 60 book chapters, and three (3) books. Dr Keefe is editor in chief of the IASP journal Pain. A strong supporter of physiotherapists working in pain for many years, he has developed training for non-psychologists in psychologically informed approaches.

Diarmuid Denny is a physiotherapist and current chair of the PPA. He has worked in a specialised MDT pain management centre for over 12 years having previously come from an MACP background. He has published in the field of psychologically informed practice and is keen to support physiotherapists in translating knowledge and developing clinical skills to support people living with pain.