



Complex regional pain syndrome in adults

UK guidelines for diagnosis, referral and management in primary and secondary care

These guidelines concern the diagnosis and management of patients with complex regional pain syndrome (CRPS). They provide recommendations for diagnosis, treatment and referral in a variety of clinical settings (GP practice, orthopaedic practice, rheumatology, neurology and neurosurgery, dermatology, pain medicine, rehabilitation medicine and long-term care). Their purpose is to provide coherent guidance for professionals working in the different health specialties who care for these patients. The guidelines include an introduction for all interested parties, and sections which are specialty-specific.

Clinicians will find relevant information in reading both the introduction and respective specific sections. Recommendations are generally based on panel consensus and expert opinion; grading is not provided. Grading of recommendations using the typology developed for the National Service Framework for long-term conditions is given there.

These guidelines are available from the RCP website: www.rcplondon.ac.uk/crps

Endorsed by



Also endorsed by the British Society of Rheumatologists and British Health Professionals in Rheumatology